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Uma Thurman's Stalker Arrested for a Second Time

Jack Jordan, already convicted in 2008 for stalking actress Uma Thurman, has been arrested a second time for allegedly violating his restraining order by calling the star's office and cell phone, allegedly telling an office assistant that Thurman's boyfriend was "not good enough" and "she should marry me."

The former psychiatric patient was arrested without incident Nov. 23 in a Washington, D.C.

According to what a police source told the website TMZ, Jordon had been Googlinig Thurman's name moments before he was taken into custody at his parents' Maryland home.

In 2008 Jordan was found guilty of stalking the actress. During the trial, Thurman read aloud from his letters. "He used words like 'mouth,' 'soft,' 'kissing' and seduced," she said, and she recalled a photo he sent of a headless bride.

Since then, Jordan, who works as a pool cleaner, has lived without known incident, leading some to wonder why he surfaced now.

"It doesn't take much to trigger, and we've got to appreciate celebrity stalkers as people whose emotional identity is overly wrapped up in the notion that they can have a relationship with someone famous," Dr. Michael Welner, ABC News consultant and one of America's top forensic psychiatrists, told "GMA." "Because their lives are otherwise disconnected, isolated and even empty, that level of investment makes them vulnerable to a whole host of triggers to make them go right back to where they were before."

"Part of the reason we shouldn't find this surprising is that there's no deterrence in probation, whether it be hospital, whether it be jail, or whether it be exile -- actually eliminating a person's privileges as an American citizen because they can't respect the rights of another," Welner said.

Jordan was the president of his high school senior class and the captain of the swim team. But as a college student, his parents say he became interested in the teachings of Robert Thurman, Uma's father, a Buddhist scholar and academic, and that was when his obsession began.

In 2005 he showed up on the set of her movie "My Super Ex-Girlfriend" with a postcard that read: "My hands should be on your body at all times."

He was banned from having contact with her for five years, and was sentenced to three years' probation and psychiatric treatment.

Alexis A. Moore, a stalking victim and the founder of Survivors in Action, believes that jail time is the only answer for stalkers. "We are sending a message to the perpetrator every time they receive a lighter sentence," Moore said. "We are sending the message to them, 'Hey, go ahead and do it, nothing is going to happen to you."

Jordan's parents say they just want to get their son the help he needs. They called Thurman to apologize for their son's actions.